

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Fundamental movement skills	Dance	Gymnastics	Basic skills	Games Unit	EYFS Ball Skills
Reception	Fundamentals movement skills	Dance	Gymnastics	Basic skills	Games Unit	EYFS Ball Skills
Year 1	Ball Skills	Dance	Gymnastics	Athletics	Striking and Fielding Rounders/Cricket	Net and wall Games
Year 2	Ball Skills	Dance	Gymnastics	Athletics	Striking and Fielding Rounders/Cricket	Net and wall Games
Year 3	Invasion Games Basketball/Tag Rugby	Gymnastics	Dance	Athletics	Striking and Fielding Rounders/Cricket	Net and wall Games
Year 4	Invasion Games Basketball/Tag Rugby	Gymnastics	Dance	Athletics	Striking and Fielding Rounders/Cricket	Net and Wall Games
Year 5	Invasion Games Basketball/Tag	Gymnastics	Dance	Athletics	Striking and Fielding	Net and Wall Games

	Rugby				Rounders/Cricket	
Year 6	Invasion Games Basketball/Tag Rugby	Gymnastics	Dance	Athletics	Striking and Fielding (Rounders/Cricket	Net and Wall Games